



Optima SERIES

DUAL ADJUSTABLE PULLEY

The Optima Series Dual Adjustable Pulley packs the ultimate in strength training variety into a sophisticated, space-saving design.

With 21 adjustment positions per column, exercisers can perform a large variety of exercises that will challenge every muscle group and help them reach their fitness goals.

**Shown with optional console*

PERFORMANCE FEATURES

- User-friendly single hand carriage adjustment
- 7.5 ft (2.3 m) of cable/handle travel for increased exercise variety and movement range
- Cabled at 1:2 ratio for an effective user resistance that is half of the weight stack
- Low starting resistance of 5 lb (2.5 kg) adjusts in 5 lb (2.5 kg) increments
- Pull-up bar with 3 hand positions for user exercise variety
- Full front & rear transparent shrouds (standard) for safety and a clean design
- ASTM/EN certified, designed and tested to exceed the toughest global safety and performance standards

ACCESSORIES

- One pair of short strap handles
- Accessory storage rack
- Exercise poster

SPECIFICATIONS

- Product code: OSDAP
- Dimensions: 75" W x 48" L x 88" H
(190.5 cm W x 122 cm L x 224 cm H)
- Product weight: 630 lb (285 kg) with standard weight stacks
or 730 lb (331 kg) with heavy weight stacks
- 2 x 160 lb (2 x 80 kg) standard weight stacks
- Optional 2 x 210 lb (2 x 105 kg) heavy weight stacks

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HIGHLIGHTED FEATURE



**DUAL ADJUSTABLE
PULLEY CONSOLE
COMPATIBLE**

This optional touch-screen console offers more than 60 video demonstrations. The easy-to-follow videos show exercisers how to set up the machine and perform dozens of exercises, making the Dual Adjustable Pulley even more useful for people of all fitness levels. The console is an excellent way to provide exercise education to members without adding floor staff.