



Optima SERIES

SMITH/RACK

Combining the beginner-friendly weight stabilization of a Smith Machine with the advanced options of unsupported Olympic bar training, the Optima Series Smith/Rack is a total free weight solution.*

PERFORMANCE FEATURES

- > Smith bar travels at 7° angle to replicate the body's natural motion
- > Smith bar with a starting resistance of 45 lb (20 kg) replicates an Olympic bar while offering support
- > Olympic bar rack in front so more advanced users can perform traditional Olympic movements
- > ASTM/EN certified: Designed and tested to exceed the toughest global safety and performance standards
- > 8 weight horns eliminate the need for additional weight plate storage and 2° angle secures plates to the machine during use
- > Integrated bar stops that are secured to the unit during use

*Olympic bar, weight plates and adjustable bench sold separately

HIGHLIGHTED FEATURE

WALK-THROUGH DESIGN



Walk-through design allows exercisers to enter the machine from either direction giving you more flexibility on wall placement

SPECIFICATIONS

- > Product Code: OSSM
- > Dimensions (L x W x H)
51" x 73" x 88"
130 cm x 185cm x 223cm
- > Machine weight:
398 lb (180 kg)
- > Smith bar max weight:
450 lb (204 kg)
- > Olympic bar max weight:
765 lb (347 kg)
- > 1" (25mm) Linear bearings and guide rods
- > Flat Oval steel tubing (main frame) 2" x 4" (50mm x 100mm) 11 gauge (3mm)

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