

CONVERGE ON THE BEST-FEELING ELLIPTICAL

Octane
FITNESS

PRO3700

One of the most preferred models by health club members, Octane's Pro3700 is known for delivering the absolute best-feeling workouts.

OCTANE ADVANTAGES

Converging Path & MultiGrip handlebars

2 available stride lengths in 1 machine

Biomechanically correct pedal spacing

30:30 & Custom workouts

ArmBlaster

X-Mode and GluteKicker

888-OCTANE4

OCTANEFITNESS.COM

PRO3700

SPECIFICATIONS

• Standard

KEY MECHANICAL FEATURES

Stride lengths	24" & 20.5"
Converging Path™ handlebars	•
MultiGrip handlebars	•
QuadLink™ Drive	•
Pedal spacing	1.8"
Low step-up height	•
Soft grip pedals	•
Covered track and rollers	•
Fingertip controls on moving handlebars	•
Moving handlebar lock-out	•
1-time adjustable handlebar position	•
LCD TV mount option	•
Water bottle holder/MP3 holder	•
Reading rack	•
Transport wheels	•

ELECTRONIC FEATURES

Digital contact heart rate sensors on moving handlebars	•
Wireless heart rate ready	•
Console fan	•
HeartLogic™ Intelligence	•
CSAFE®	•
FitLinxx® compatible	•
Self-powered	•
Resistance levels	30

WORKOUTS

Number of programs	16
--------------------	----

PRESET RESISTANCE PROGRAMS

Manual	•
Random	•
Interval	•
Custom Interval	•
Hill	•
10K	•

HEART RATE-CONTROLLED PROGRAMS

Fat Burn	•
Cardio	•
Heart Rate Interval	•
Heart Rate Custom Interval	•
Heart Rate Hill	•
Heart Rate Speed Interval	•

ADVANCED PROGRAMS

New Leaf® Custom	•
Constant Watts	•
Constant METs	•
30:30 Interval	•

WORKOUT BOOSTERS

X-Mode™	•
GluteKicker™	•
ArmBlaster	•

METABOLIC ASSESSMENT PROTOCOL

New Leaf® Metabolic Assessment	•
--------------------------------	---

PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 Kg)
Footprint	31" x 71" (780mm x 1803mm)
Footprint - live area	Jogging Stride- 34" x 79" (863mm x 2007mm) Running Stride- 34" x 83" (863mm x 2108mm)
Product weight	320 lbs (145 Kg)

WARRANTY

Parts	3 Years
Labor	1 Year

Users return to the Pro3700 again and again because they appreciate the trademark Octane innovations, along with thoughtful engineering – not to mention the exhilaration, motivation and results it provides session after session. Universal appeal in one inspiring package.



CONVERGING PATH™

These specially designed handlebars mimic the upper-body's natural path and expand range of motion.



30:30 INTERVAL

An exclusive ability to train like the pros with the 30:30 interval challenge from Athletes' Performance.



MULTIGRIP

Only on Octane ellipticals, these proprietary handlebars better engage the upper body and accommodate every exerciser.



LCD EXPERIENCE

Please every member with individual viewing screens for the ultimate workout experience.